

MO DMH-DBH Family Support Provider

Definition

Provide support to assist the parents and caregivers of children up to the age of 25 with serious emotional disorders.

Activities are directed and authorized by the child's treatment plan.

The Family Support Provider partners with the Community Support Specialist to support the family as they work to reach their identified goals. **(Outcomes)**

Provider Qualifications

An individual that meets the requirements specified in the Division of Comprehensive Psychiatric Services Family Support model which includes:

- Family member with a child who has been or currently has a behavioral or emotional disorder
- Meet appropriate background checks from DSS, DMH and law enforcement agencies
- Missouri resident for at least two years
- Minimum educational level of a high school graduate or GED equivalent.
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Both the FSP and their supervisor must successfully complete the Family Support Provider training as approved and provided by the DMH, Division of Behavioral Health.

“Key Service Functions”

- Provide information and support to the parent/caregiver so they have a better understanding of their child/youth’s needs and explore options to be considered as part of their treatment.
- Assist the parent/caregiver in understanding the planning process and the importance of their voice in the development and implementation of the individualized treatment plan.
- Provide support to empower the parents/caregivers to be a voice for their child/youth and family in the planning meeting.
- Work with the family to highlight the importance of individualized planning and the strengths-based approach.
- Assist the family in understanding the roles of the various providers and the importance of the “team” approach.
- Discuss the benefit of natural supports within their family and community.
- Introduce methods for problem solving and developing strategies to address issues that need work.
- Provide support and information to parents/caregivers of Transition Age Youth related to the shift from being the decision maker to being the support to the youth as they become more independent.
- Connecting families to community resources